



## Mainstreaming carbon management in healthcare systems: A bottom-up modeling approach

**Author(s):** Pollard AS, Taylor TJ, Fleming LE, Stahl-Timmins W, Depledge MH, Osborne NJ  
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### Abstract:

Increasing greenhouse gas emissions threaten human health and the environment. In response, healthcare managers face significant challenges in balancing operational decisions about patient care with carbon mitigation targets. We explore a bottom-up modeling framework to aid in the decision-making for both carbon and cost in healthcare, using data from a case study in Cornwall, UK. A model was built and run for secondary healthcare, specifically outpatient clinics, theater lists, beds, and diagnostic facilities. Five scenarios were tested: business-as-usual; service expansion; site closure; water temperature reduction; and theater optimization. The estimated emissions from secondary healthcare in Cornwall ran to 5787 T CO<sub>2</sub>eq with patient travel adding 2215 T CO<sub>2</sub>eq. Closing selected sites would have reduced this by 4% (261 T CO<sub>2</sub>eq), a reduction less than the resulting increases in patient transport emissions. Reducing hot water temperatures by 5 degrees C and improving theater usage would lower the footprint by 0.7% (44 T CO<sub>2</sub>eq) and 0.08% (5 T CO<sub>2</sub>eq), respectively. We consider bottom-up models important tools in the process of estimating and modeling the carbon footprint of healthcare. For the carbon reduction targets of the healthcare sector to be met, the use of these bottom-up models in decision making and forward planning is pivotal.

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### Resource Description

#### Exposure :

weather or climate related pathway by which climate change affects health

Unspecified Exposure

#### Geographic Feature:

resource focuses on specific type of geography

None or Unspecified

#### Geographic Location:

resource focuses on specific location

Non-United States

**Non-United States:** Europe

# Climate Change and Human Health Literature Portal

**European Region/Country:** European Country

**Other European Country :** United Kingdom

**Health Impact:** ☒

specification of health effect or disease related to climate change exposure

Health Outcome Unspecified

**Medical Community Engagement:** ☒

resource focus on how the medical community discusses or acts to address health impacts of climate change

A focus of content

**Mitigation/Adaptation:** ☒

mitigation or adaptation strategy is a focus of resource

Mitigation

**Model/Methodology:** ☒

type of model used or methodology development is a focus of resource

Methodology

**Resource Type:** ☒

format or standard characteristic of resource

Policy/Opinion, Research Article, Research Article

**Timescale:** ☒

time period studied

Time Scale Unspecified